



Emotional Intelligence Training & Coaching

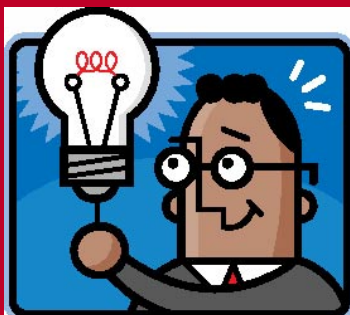


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Find out how
Emotional Intelligence
can help turn
the 'lights on'!

“Emotions are the
untapped resource of
every organization.”

- Timothy Warneka

Emotional Intelligence refers to our capacity to deal effectively with both our own as well as other people's emotions. When applied to the workplace, emotional intelligence is about thinking intelligently with emotion; perceiving, expressing, understanding and managing our own (and others) emotions in a professional and effective manner at work.

Genos research shows that emotional intelligence is one of the strongest predictors of professional success, or lack thereof. Using and improving these skills leads to lasting positive results in the areas of personal effectiveness and interpersonal relationships within the workplace. These skills are important at work, as well as personally, as emotions are an inherent part of our humanness and are therefore part of all life's activities.

Does Emotional Intelligence really matter?

Research studies suggest that Emotional Intelligence makes a difference in the workplace, particularly in the areas of:

- productivity and performance;
- sales performance;
- customer service;
- job satisfaction;
- interpersonal effectiveness;
- leadership capability;
- teamwork.

The Genos Emotional Intelligence Assessment Scale does not measure a person's innate Emotional Intelligence. Rather it measures how often a person demonstrates emotionally intelligent workplace behaviours aligned to the seven skills of Emotional Intelligence. This is because a person's outward displays and behaviours at work have the most impact on their personal and inter-personal performance.

The Assessment is completed online and is supported by extensive peer-reviewed psychological research. The Genos tool was developed by Swinburne University of Technology in Melbourne. It has continued to be refined and is now available internationally through Genos International (based in Sydney).

Applications of Genos EI

Genos EI is much more than just an assessment of workplace Emotional Intelligence. Genos EI is complemented by an extensive product portfolio of assessment reports, and EI-enhancement learning and development materials. Extensive training is provided in the effective use of all Genos EI products. Genos EI products have application in all phases of the human capital lifecycle, from employee recruitment and selection to individual and team development and transition.

Gary Eaton is an expert facilitator and has gained accreditation from Genos as an Emotional Intelligence Trainer & Coach as well as a Genos Employee Motivation Assessment (GEMA) Trainer & Coach. He has extensive experience delivering workshops for clients in-house and in conference settings.

Tools used: Genos Online 360° Multi-Rater with other reports as necessary.

“Really enjoyed it and have taken a lot of extra knowledge and motivation away. Could have had 2 days! Thanks Gary!”

“Thank you, it was very enjoyable and I learnt heaps. You have a good technique in getting your message across.”

Mills-Eaton Training delivers In-House Training for medium-to-large organisations.

We specialise in Team Development (with expertise in dysfunctional teams), Leadership and Communication and practical Performance Management.

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